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Wagner’s Chronic Care Model

Community
Resources and Policies
Self-Management Support

Health System
Organization of Health Care
Delivery System Design
Decision Support
Clinical Information Systems

Productive Interactions
Informed, Activated Patient
Prepared, Proactive Practice Team

Functional and Clinical Outcomes

www.improvingchroniccare.org
Chronic Disease Self Management Model

Self Management

Clinical Status & Quality of Life

Community Resources and Support Via MOVEMORE

Health System
Organization of Health Care

Patient Education
Prepared, Collaborative Practice Team
Delivery System Design
Decision Support
Clinical Information Systems

Ongoing Encouragement & Problem Solving
Informed, Educated Patient
Tailored Medical Care

Prepared, Collaborative Practice Team
Decision Support
Clinical Information Systems
Ongoing Dialogue

- What does our health system need to support ongoing improvement in chronic disease care?
- Who can help us????????
- What can the community do that can be sustained over time to prevent chronic disease and chronic disease complications?
- How can we work together????
Community Based Move More

- Trails/ Paths/ Indoor space (Capacity)
- Nutrition Resources
- PreDiabetes and CVD Resources
- Gym Memberships (low cost/ not cost)
- Policy/ Advocacy
- Non Directive Peer Support linking patients to community resources to prevent DM / reduce risk and improve DSM
- Website resources (nutrition, physical activity and chronic disease)
- Print Resources/ standardized distribution system
- CDSM Program
Health System/ DCI

- Changes in Primary Care Practice
  Disease Registry/ EMR
  LHE/ Mover embedded within or linked to community setting

Your Health/ Your Choice/ Incentives
(health risk assessments with health ed/ nurse goal setting)

Community Case Managers
The Hospital

- Monitoring of chronic disease admissions
- Implementation of standards and protocols
- Automatic screen for CD and referral to chronic disease resources
- Training of Nursing staff re community resources
- Distribution of standardized education materials/ “with emphasis on Self Management after discharge