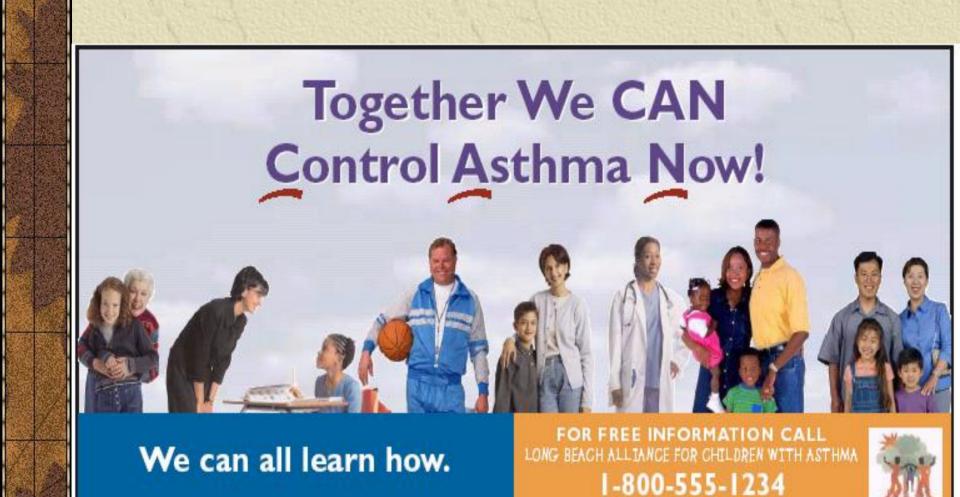


Medical Practitioners and

Community Health Coalitions

Félix Aguilar, MD, MPH, FAAFP
Co-Chair of Long Beach Alliance for Children
with Asthma





LONG BEACH ALLIANCE FOR CHILDREN WITH ASTHMA

1-800-555-1234

Nosotros te enseñamos cómo.

Health, which is a state of complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity, is a fundamental human right and that the attainment of the highest possible level of health is a most important world-wide social goal whose realization requires the action of many other social and economic sectors in addition to the health sector.

**Declaration of Alma-Ata 1978** 

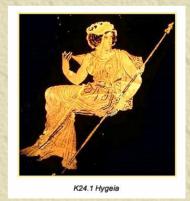


### Origins

\*\* Panakeia was the goddess of cures (medicines, salves and other curatives).



# Hygeia was the goddess of good health.



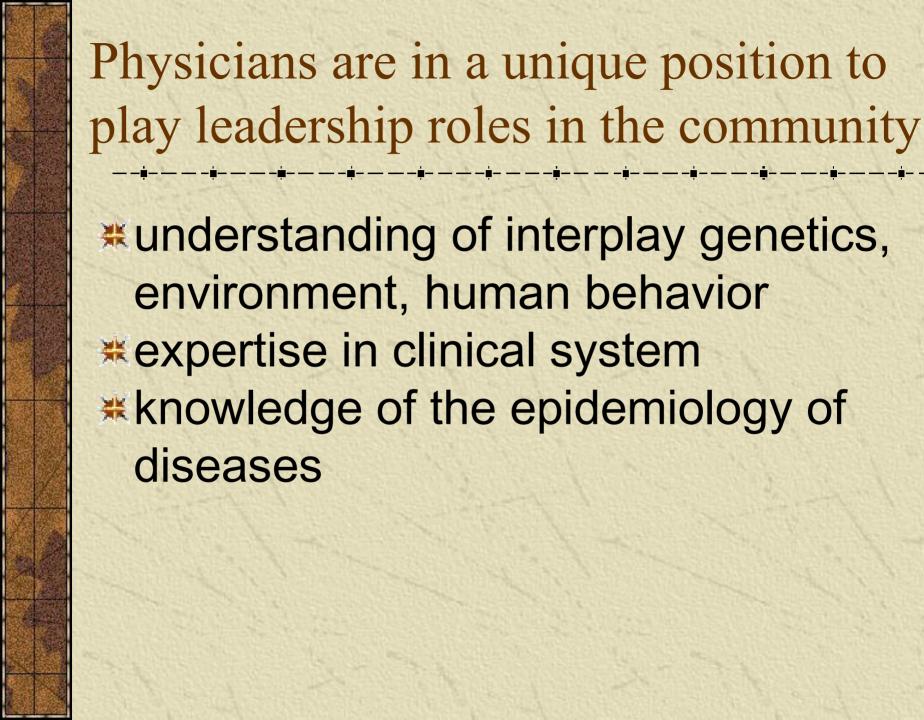


# The clinicians role is guided by principles of social justice

- Reduce barriers to equitable and effective health care
- \*Promote the health of the public
- Advocate for just distribution of resources

\*\* The community role of clinicians derives from the core principals and commitments that are the essence of professionalism in medicine"

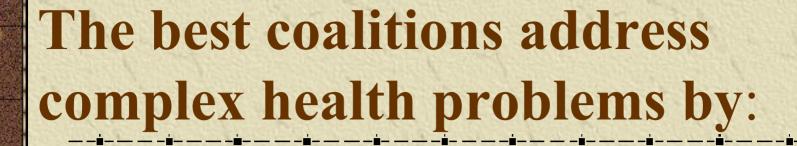
Robert Mellins, MD - National Advisory Committee, Allies Against Asthma





### Why a coalition approach?

- **\*\* Complexity of health problems**
- \*\* Multiple causes, multiple consequences
- # Health problems co-exist
- Effective management requires the involvement of the affected individuals, families, and communities
- **\*\*** Conservation of resources
- **\*\*** Faster implementation
- **\*\*** Reduction of risk
- \*\* Access to specialized resources
- **\*\*** Increase in flexibility

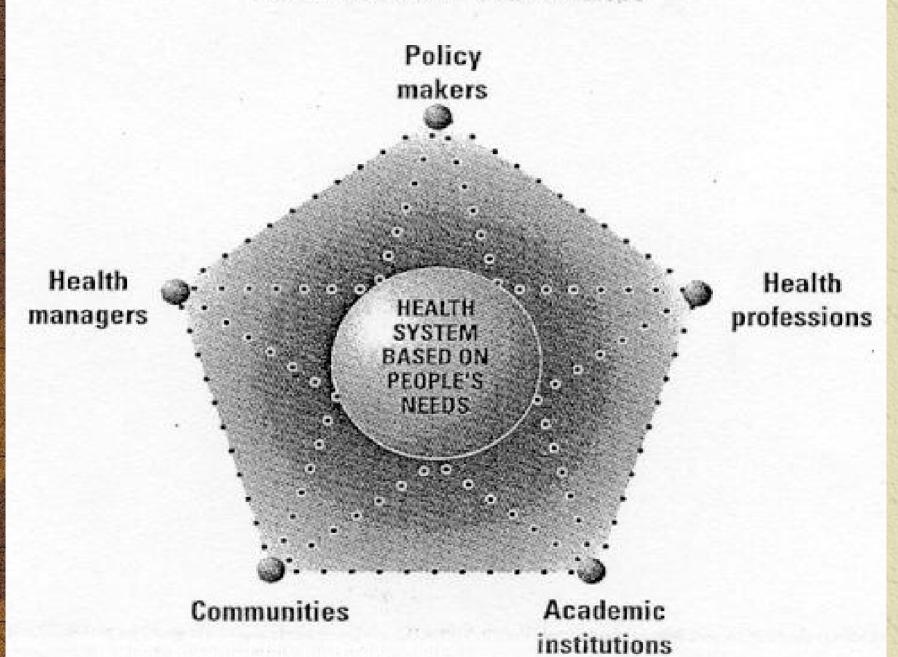


- Mobilizing community support
- Expanding available resources
- Coordinating resources and activities
- Integrating the expertise of various stakeholders
- Producing results not achievable by a single group

#### FIGURE 5.1: Community Participation Continuum

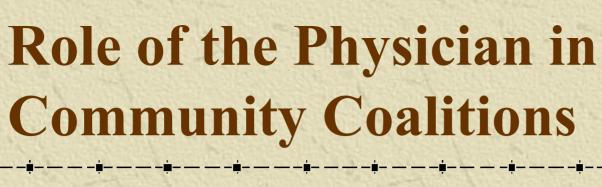


#### PARTNERSHIP PENTAGON

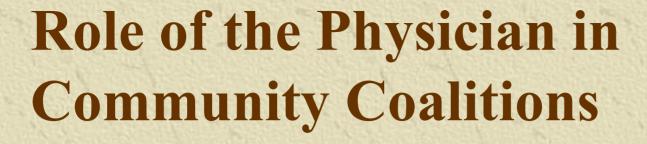




\* The concept of coalitions offers physicians the opportunity to impact significantly larger populations and ultimately alter a community's health. A change in the overall health in the community is reflected in better health for each individual patient the physician treats on a daily basis.



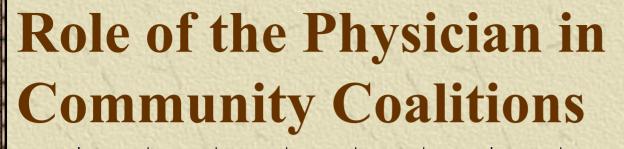
- **Be** a member
- Engage in the planning process
- Serve as "champion" role model for other physician colleagues
- **\*\*** Institutional leadership
- 1. participate in governance
- 2. provide expertise



Involve and educate local politicians
Help them to see how making vision of the coalition a reality benefits the entire community.
They may be able to offer support or open doors that are key to your success.

Leverage relationships

As physicians in the community, you know other people that can help; you can engage them; you can bring those relationships to the benefit of the coalition.



- \* Facilitate coordinated care working with community health workers, families and schools
- Participate in physician trainings
- Avail staff for disease training
- \* Participate in disease awareness campaigns
- Refer patients (e.g. resource centers, community health worker programs)

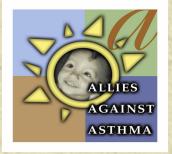
\*Enhancing the role and contribution of clinicians is critical to improve disease control efforts and, therefore, to coalition and partnerships concerned about health issues.



# **Challenges To Coalition Health Work**

- Chasm between clinical practice, and communities
- Fragmented health care non-system
- Reimbursement favors clinical services and technologic procedures
- Health professional education focused on care of individuals





- \*A partnership to improve the lives of children with asthma in the Long Beach community
- One of 7 sites awarded grants under the RWJ Foundation's Allies Against Asthma program and one of 12 sites awarded grants under CA Endowment's Community Action to Fight Asthma (CAFA) program
- Focus is on the 90813 zip code and Long Beach as a whole
- Miller's Children's Hospital Fiscal Agent



### History of the Long Beach Alliance for Children with Asthma

- \* 1999: several members of a successful immunization coalition convened in response to asthma crisis in Long Beach and in anticipation of the RWJ Foundation grants for asthma coalitions.
- \* 99-00: met bi-monthly to identify needs and resources; co-wrote planning year grant proposal.
- <u>01</u>: planning year
- <u>★ 02 04</u>: hiring and implementation





#### Areas of Focus

- Community
- Policy and Environment
- Schools and Recreation
- \* Professional Practices





#### **Professional Practices**

- \*\*Physician Asthma Care Education (PACE) Program
- Medical Assistant Training
- **\*Grand Rounds**
- Clinical support and guidance



#### What LBACA does for medical practitioners...

- Referrals to
  - Asthma classes
  - Asthma Wellness Fairs
  - Asthma Resource Center
  - Community Health Workers
- Physician and MA Training
- Educational Materials

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