BUILDING COMMUNITY SUPPORT
FOR DIABETES SELF MANAGEMENT

QUESTIONNAIRE – DIABETIC PATIENT FAMILY

Please check which family member(s) living in your home, have diabetes:  Mother____
Father____ Grandparent____ Aunt/Uncle ____ Other____

Who cooks meals in your home?______________

Does the family member with diabetes eat differently than the rest of the family? Yes/No

Has the family member’s diabetes affected the rest of the family?  Yes/No

  If yes, how has their diabetes affected the family?
  Types of food eaten - at home________________________________________
  - in social situations______________________________________
  Financially – for medications/ blood sugar strips, other____________________
  From missed work due to diabetes-related complications___________________
  Socially – any changes made since family member was diagnosed with diabetes?

  Emotionally – dealing with the “day to day” management of diabetes?________
  - dealing with complications of diabetes_________________________

  Mentally – understanding the disease, and how to manage it best_____________

Do you understand that diabetes is a serious illness?  Yes/No

Are you willing to do whatever is necessary to help your family member to better manage their diabetes?  Yes/No

Are you currently helping your family member with their diabetes self-management?
  If so, what are you doing?_____________________________________

Is there anything else you know of, that you could do to help?____________________

What would you say, is the biggest problem in managing your family member’s diabetes?

What would help you to better manage their diabetes?________________________

Please check all that you would be willing to do, to help your family member:
  ____Attend a diabetic class to learn more about diabetes
  ____Exercise with my family member
  ____Change the foods we eat, or how they’re prepared, if necessary
  ____Talk with my family member about their diabetes
  ____Other things I would be willing to do?________________________

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