PRESCRIPTION FOR HEALTH DIABETES PROJECT
OPEN DOOR HEALTH CENTER
Homestead, Florida

COMMUNITY HEALTH WORKERS
ROLES & RESPONSIBILITIES

1. Bridging/Cultural Mediation Between Patient and Clinic/Project Staff
   Gather information for providers.
   Inform providers of community and patients’ needs.
   Translate literal and medical languages for patients and their families.

2. Assist in providing Culturally Appropriate Diabetes Education and Information
   Teach concepts of health promotion and disease prevention.
   Help adults with Diabetes Type 2 and their families to effectively manage their disease.
   Assist in developing educational materials.

3. Assuring that people get the services they need.
   Identify “new” adult patients with Diabetes Type 2.
   Assist potential patients in completion of project consent forms.
   Follow-up of assigned patients.

4. Facilitate social support.
   Provide peer support for patients enrolled in diabetes project, and their families.
   Assist in facilitating diabetes support groups at the clinic.

5. Building Individual and Community Capacity
   Help patients to protect and improve their health through education and empowerment.
   Help patients and their families to identify and work around barriers to patients’ self management of their diabetes.
   Work with other CHWs to build community capacity by increasing awareness of needs within the community.
COMMUNITY HEALTH WORKERS
SKILLS & QUALITIES

*Skills - “abilities gained through study or practice”

1. Communication –
   Ability to read and write in English, (and Spanish or Creole, where applicable).
   Good listening skills.
   Uses language confidently and appropriately.
   Ability to keep all patient information confidential.

2. Interpersonal Skills –
   Friendliness towards others
   Ability to work as part of a team
   Ability to work appropriately with diverse groups of people.

3. Knowledge Base –
   Broad knowledge about the community
   Knowledge about diabetes
   Ability to find information the CHW does not know the answer to
   Knowledge of ODHC service systems and resources

4. Capacity-Building Skills
   Ability to identify problems and resources to help clients solve problems themselves.
   Possess leadership skills

5. Advocacy Skills
   Ability to speak up for individuals or the local community.

6. Teaching Skills
   Ability to share information one-on-one or in a group setting
   Ability to understand diabetes information; assist in planning and facilitating support groups/classes, and collect information from clinic patients and people in the community.

7. Organizational Skills
   Ability to set goals and plan
   Ability to set priorities and manage time effectively.
*Qualities - “personal characteristics or traits that can be enhanced but not taught”*

An adult ODHC clinic patient with Diabetes Type 2, who has a means of transportation available to them.

1. A member of the local community
2. Creative/resourceful
3. Friendly/outgoing/sociable.
4. Patient.
5. Open-minded, non-judgemental
6. Motivated and capable of self-directed work
7. Caring
8. Empathetic
9. Committed
10. Respectful
11. Honest
12. Open to grow/change/learn
13. Dependable/responsible/reliable
14. Compassionate
15. Flexible/adaptable
16. Desires to help the community
17. Persistent
18. Positive Role Model

In addition, the CHW needs to be:
19. Viewed as a leader by their peers.
20. Flexible with hours